



STRIKERS WEEKLY WEEK AT A GLANCE



Sunday May 7	Monday May 8	Tuesday May 9	Wednesday May 10	Thursday May 11	Friday May 12	Saturday May 13
Mental Health Week at McRoberts	Mental Health Week at McRoberts AP Calculus Exam	Mental Health Week at McRoberts Round 1 of Valedictory Ticket Sales Closes	Mental Health Week at McRoberts PLT	Mental Health Week at McRoberts PLT Round 2 of Valedictory Ticket Sales Opens	Mental Health Week at McRoberts PEP RALLY @ Lunch Freezie Fridays	DAG Carwash Fundraiser 1 – 4PM

UPCOMING EVENTS

Valedictory Additional Ticket Sales

Grade 12 families who have paid their Valedictory fees can purchase additional tickets in Round 1 until May 9th. Round 2 opens May 11. Please see the attached file for more details.

Mental Health Awareness Month

May is Mental Health Awareness Month. We will be hosting a Mental Health May Week this week. There will be optional activities provided to teachers for in class, as well as a student-led booth to promote awareness and support.

Dry After Grad Car Wash May 13

On Saturday, May 13 the DAG Committee will be hosting a Car Wash Fundraiser from 1 – 4PM to help raise funds for Dry After Grad. Please come out to support our grads!

We are also looking for parent and student volunteers. See the link provided for sign up.

Grad car wash sign up:

<https://www.signupgenius.com/go/8050A48AFAE23A6FF2-mcroberts>

Please also see the attached posters for more information. Hope to see you there!

Freezie Fridays!

Our DAG Committee is also hosting Freezie Fridays! Jumbo Freezie are on sale in the foyer for \$2 each, cash only.

UPCOMING DATES

- Sunday, May 14 – Mother’s Day
- Friday, May 19 - Pro-D Day
- Monday, May 22 - Victoria Day (No School)
- Tuesday, May 23 - Gr. 7 Day
- Wednesday, May 24 - At-Risk Interims Published
- Thursday, May 25 - Collaboration Time
- Thursday, June 8 – Valedictory Rehearsal
- Sunday, June 11 – Valedictory Ceremony, Chan Centre

Holding Onto Our Kids in a Digital World Presentation

As part of Mental Health Week, Dr. Deborah MacNamara led a virtual session for parents, guardians, and caregivers on **Holding Onto Our Kids in a Digital World** this past Tuesday. The **videolink** ([Link](#)) to this presentation is available until May 16, 2023. Please note the presentation is tailored for an adult audience, not children.

Passcode: 0vd1y^B&

A summary of the presentation:

As if parenting wasn't hard enough in having to deal with screens, peer pressure on kids - and then we had to add a pandemic on top of it! How can we hold on to our kids so we can influence and guide them? What do kids really need from us so as to grow into socially and emotionally responsible beings? This presentation will discuss issues from technology to peer problems and how parents are the ultimate answer for what kids need most of all. Practical suggestions for (re)building strong relationships with kids from preschoolers to teenagers will be discussed along with managing challenging behaviour - including screen time!

CELEBRATING DIVERSITY

Dutch Heritage Day May 5

On May 5th, we celebrate the contributions those with Dutch Heritage have made to Canada. Please see the link for more information

Canadian Jewish Heritage Month - May:

Canadian Jewish Heritage month recognizes the contributions that Jewish communities have made to Canada.

Asian Heritage Month - May:

Asian Heritage Month is an opportunity to honour and celebrate Asian heritage and the excellence and resilience of people of Asian descent in B.C.

McRoberts Parent WAAG