CAPSTONE LEARNING LOG

WHAT IS IT?
WHAT SHOULD IT LOOK LIKE?

First, **your learning logs are not your project!** CAPSTONE is an independent inquiry project and the learning logs are a **summary** of, and **reflection** on, your learning throughout the project. These learning logs will be submitted for feedback and/or assessment throughout the year. You must however, document your ongoing learning in your own preferred way, between each log submission.

We have created a default learning log template for you *(it can be found on the McRoberts Website, under students → career education → Capstone)*; however, you may also choose a format that works well for you as long as it addresses the questions that are below. For example, if you don't want to use the template, you could do:

→ A written journal (hard copy or digital)
→ A visual journal (like *Sketchnoting,*could be digital or by hand…)
→ A blog (*Medium, Wordpress, WIX, edublogs, Weebly for education…*);
→ A Scrapbook: includes both visuals and written evidence (Canva)
→ An oral journal like vlogging (video logging)

Whatever method you choose, **the following information must be included in your learning log**:

1. Essential question guiding inquiry and identify the process you plan to use
2. Date of journal entry; hours spent researching since last log entry
3. Questions/goals you are currently working on → *these will be sub-questions related to your inquiry that are meant to help gather background knowledge and information*
4. Resources you are using to answer the questions → *not only books, articles, videos, websites, podcasts, artefacts, data, but also experts/mentors with whom you are collaborating. This section must include any academic (MLA, Chicago, APA...) citation of sources.*
5. What you have learned so far → This includes reflections on your learning, what's working in your process and a reflection on SELF (What are you learning about yourself regarding your personality, skills, feelings, work ethic, learning style?)
6. Further questions you have as a result of your research
7. Next steps → *identify **specifically** what you need to do next and set a time to get it done.*

HOW OFTEN DO I NEED TO JOURNAL???

Please be aware that this is a required element for graduation. Failure to complete CAPSTONE/CLC work may result in you not graduating; therefore, you need to spend a significant amount of *time (at least 40 hours)* outside of school, working on this personal inquiry.   Your log should show evidence of this work. Take a moment to look at the Capstone timeline, that we have provided, in order to plan your research and when your logs need to be submitted.