

École Secondaire Hugh McRoberts Secondary School



GRADUATION TRANSITIONS PROGRAM

This mandatory 4-credit course is intended to assist you in preparing for a successful transition from secondary school. Some of the requirements below will be completed as part of your Planning class. In grade 12 you will need to have completed Planning 10, 30 hrs. of work/volunteer experience and sit through a student-led GT interview.

PERSONAL HEALTH

1. Long-term Personal Healthy Living Plan that describes:
 - a) Sound Nutritional Habits
 - b) Regular Exercise Routines
 - c) Emotional Health Management
 - d) Positive Health Choices

COMMUNITY CONNECTIONS

1. Participate in 30 hours of work experience and/or community service. This can be paid or volunteer but must occur outside of school.
2. Reflect on Work/Community Experience:
 - a) Describe the Duties Performed
 - b) Describe the Employability/Life Skills Connections
 - c) Describe the Benefits to the Community and to Self

CAREER & LIFE

1. Develop a Comprehensive Transition Plan that:
 - a) Supports career, life and learning goals
 - b) Reflects on the development of the attributes of a BC graduate and your transition from high school
 - c) Identifies and communicates the costs/funding sources associated with education, career, and life options after graduation
 - d) Present evidence of the Transition Plan in a student-led interview. Your student-lead interview will occur in the library in April.
 - e) Your interview must cover the following: Introduction, Goals, Evidence, Back Up Plan, and Closing Remarks. Answer questions posed by your interviewer.