**CAPSTONE ACTION/LEARNING LOG**

**NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ MY ESSENTIAL QUESTION:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **LOG #: DATE: HOURS SPENT WORKING ON YOUR PROJECT:**  **MY PROCESS: (MINIMUM OF 6 HOURS OF DEDICATED STUDY/WORK/RESEARCH PER LOG REQUIRED)** | |
| **QUESTION(S) OR GOALS I HAVE THAT WILL HELP ME ANSWER MY ESSENTIAL QUESTION (SEE YOUR FURTHER QUESTIONS FROM THE PREVIOUS LEARNING LOG!!)**  /Users/btsui/Desktop/t_orig.png../../../../Desktop/ps_1_orig.png/Users/btsui/Desktop/c_orig.png | **RESOURCES I HAVE USED**  **TO ANSWER THE QUESTION(S)**  /Users/btsui/Desktop/t_orig.png../../../../Desktop/ps_1_orig.png/Users/btsui/Desktop/c_orig.png |
| ***Questions:***  ***Goals:*** | ***Must be properly cited. Sources could include books, news articles, podcasts, artwork, people, songs/poetry, recorded conversations, films/documentaries, academic articles, stories, data.***  [***https://www.citefast.com/***](https://www.citefast.com/) ***or*** [***https://www.bibme.org/***](https://www.bibme.org/) ***MLA, or APA, or Chicago styles.***    ***1)List individuals that have helped you since your last learning log and explain who they are and why you are consulting with them.***  ***2) How have you addressed/incorporated the feedback from your teacher from the previous log?*** |
| **WHAT HAVE I LEARNED SO FAR?**  /Users/btsui/Desktop/t_orig.png../../../../Desktop/ps_1_orig.png/Users/btsui/Desktop/c_orig.png | |
| **Reflecting on my LEARNING:**   1. ***What have I learned in this log update? (ANSWER THE QUESTIONS OR ADDRESS THE GOALS FROM THE PAGE ABOVE) Examples of this learning/critical thinking might be that you analyze data, make inferences, examine, compare, and contrast, defend a position, connect, sketch, infer, paraphrase, modify, develop, and collaborate in this area. THIS AREA IS NOT JUST TO SUMMARIZE NOTES YOU HAVE TAKEN)***   ***Answers the questions (from above):***    ***Explains progress on Goals (from above):***   1. ***How does this learning help me answer my essential questions?*** | |

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| **WHAT HAVE I LEARNED SO FAR?**  /Users/btsui/Desktop/t_orig.png../../../../Desktop/ps_1_orig.png/Users/btsui/Desktop/c_orig.png | | **WHAT HAVE I LEARNED SO FAR?**  /Users/btsui/Desktop/t_orig.png../../../../Desktop/ps_1_orig.png/Users/btsui/Desktop/c_orig.png |
| **Reflect on the Capstone process that you have chosen (Think about HOW you have tried to answer the question) Describe *what’s working and what isn’t working. (If unsure, Copy and paste bullet from the Process document as a guide for this section)*** | | **Reflecting on SELF  *What am I learning about myself? How can I use this information about myself moving forward?*** *(Learning style, personality, skills, feelings, work ethic…)* |
| ***FURTHER QUESTIONS I HAVE AS A RESULT OF MY /WORK… (THESE QUESTIONS WILL GUIDE YOUR NEXT LEARNING LOG!!)*** | | |
| **NEXT STEPS: (Specific details please)**  E.G. Talk to Mrs. Vaughan about building a garden outside  E.G. Talk to the Prickly Pear in Steveston and ask for donations | **ON WHAT DATE WILL I COMPLETE THIS WORK:**  October 22 before Pro-D Day starts  October 29 after school | |

**CAPSTONE LOG HOLISTIC RUBRIC**

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| **EXTENDING**  *Thinking is METACOGNITIVE* |
| * Student Learning Log is mindfully completed. * Demonstrates examination of the learning process, showing what learning occurred * Includes properly documented evidence/sources * Demonstrates that student has reconsidered what they already knew * Provides thorough and meaningful examples of critical thinking * Creates clear, meaningful, and manageable objectives as well as a timeline for learning * Communication is clear and coherent |
| **PROFICIENT**  *Thinking is ANALYTIC* |
| * Student Learning Log is complete. * Demonstrates that student has applied learning to a broader context of personal and professional life. * Includes evidence/sources * Provides examples of critical thinking * Creates clear and meaningful objectives as well as a timeline for learning * Communication is clear and coherent |
| **DEVELOPING**  *Thinking is DESCRIPTIVE* |
| * Student Learning Log is simple yet complete * Shows an understanding of how learning could be used * Shows evidence of research; may not include documentation * Provides some limited examples of critical thinking * Creates simple objectives and may not have a clear timeline for learning * Communication although flawed at times, does not impact meaning |
| **EMERGING**  *Thinking is SUPERFICIAL* |
| * Student Learning Log is incomplete * Demonstrates acquisition of minimal new content and is limited to a description of general unfounded opinions and behaviors * Shows no evidence to support thinking and is limited to personal, prior knowledge * Student has not set any learning objectives and has no clear timeline for learning * Communication is flawed and often impacts meaning |
| **DID NOT SUBMIT** |
| * Student did not submit this assignment for assessment. |