**CAPSTONE ACTION/LEARNING LOG**

**NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ MY ESSENTIAL QUESTION:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **LOG #: DATE: HOURS SPENT WORKING ON YOUR PROJECT:** **MY PROCESS: (MINIMUM OF 6 HOURS OF DEDICATED STUDY/WORK/RESEARCH PER LOG REQUIRED)**  |
| **QUESTION(S) OR GOALS I HAVE THAT WILL HELP ME ANSWER MY ESSENTIAL QUESTION (SEE YOUR FURTHER QUESTIONS FROM THE PREVIOUS LEARNING LOG!!)**/Users/btsui/Desktop/t_orig.png../../../../Desktop/ps_1_orig.png/Users/btsui/Desktop/c_orig.png | **RESOURCES I HAVE USED****TO ANSWER THE QUESTION(S)**/Users/btsui/Desktop/t_orig.png../../../../Desktop/ps_1_orig.png/Users/btsui/Desktop/c_orig.png |
| ***Questions:******Goals:*** | ***Must be properly cited. Sources could include books, news articles, podcasts, artwork, people, songs/poetry, recorded conversations, films/documentaries, academic articles, stories, data.***[***https://www.citefast.com/***](https://www.citefast.com/) ***or*** [***https://www.bibme.org/***](https://www.bibme.org/) ***MLA, or APA, or Chicago styles.******1)List individuals that have helped you since your last learning log and explain who they are and why you are consulting with them.*** ***2) How have you addressed/incorporated the feedback from your teacher from the previous log?*** |
| **WHAT HAVE I LEARNED SO FAR?** /Users/btsui/Desktop/t_orig.png../../../../Desktop/ps_1_orig.png/Users/btsui/Desktop/c_orig.png |
| **Reflecting on my LEARNING:** 1. ***What have I learned in this log update? (ANSWER THE QUESTIONS OR ADDRESS THE GOALS FROM THE PAGE ABOVE) Examples of this learning/critical thinking might be that you analyze data, make inferences, examine, compare, and contrast, defend a position, connect, sketch, infer, paraphrase, modify, develop, and collaborate in this area. THIS AREA IS NOT JUST TO SUMMARIZE NOTES YOU HAVE TAKEN)***

 ***Answers the questions (from above):*** ***Explains progress on Goals (from above):***1. ***How does this learning help me answer my essential questions?***
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| **Reflect on the Capstone process that you have chosen (Think about HOW you have tried to answer the question) Describe *what’s working and what isn’t working. (If unsure, Copy and paste bullet from the Process document as a guide for this section)*** | **Reflecting on SELF  *What am I learning about myself? How can I use this information about myself moving forward?*** *(Learning style, personality, skills, feelings, work ethic…)* |
| ***FURTHER QUESTIONS I HAVE AS A RESULT OF MY /WORK… (THESE QUESTIONS WILL GUIDE YOUR NEXT LEARNING LOG!!)*** |
| **NEXT STEPS: (Specific details please)**E.G. Talk to Mrs. Vaughan about building a garden outsideE.G. Talk to the Prickly Pear in Steveston and ask for donations | **ON WHAT DATE WILL I COMPLETE THIS WORK:**October 22 before Pro-D Day startsOctober 29 after school |

**CAPSTONE LOG HOLISTIC RUBRIC**

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| **EXTENDING** *Thinking is METACOGNITIVE* |
| * Student Learning Log is mindfully completed.
* Demonstrates examination of the learning process, showing what learning occurred
* Includes properly documented evidence/sources
* Demonstrates that student has reconsidered what they already knew
* Provides thorough and meaningful examples of critical thinking
* Creates clear, meaningful, and manageable objectives as well as a timeline for learning
* Communication is clear and coherent
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| **PROFICIENT***Thinking is ANALYTIC* |
| * Student Learning Log is complete.
* Demonstrates that student has applied learning to a broader context of personal and professional life.
* Includes evidence/sources
* Provides examples of critical thinking
* Creates clear and meaningful objectives as well as a timeline for learning
* Communication is clear and coherent
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| **DEVELOPING***Thinking is DESCRIPTIVE* |
| * Student Learning Log is simple yet complete
* Shows an understanding of how learning could be used
* Shows evidence of research; may not include documentation
* Provides some limited examples of critical thinking
* Creates simple objectives and may not have a clear timeline for learning
* Communication although flawed at times, does not impact meaning
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| **EMERGING***Thinking is SUPERFICIAL* |
| * Student Learning Log is incomplete
* Demonstrates acquisition of minimal new content and is limited to a description of general unfounded opinions and behaviors
* Shows no evidence to support thinking and is limited to personal, prior knowledge
* Student has not set any learning objectives and has no clear timeline for learning
* Communication is flawed and often impacts meaning
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| **DID NOT SUBMIT** |
| * Student did not submit this assignment for assessment.
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