## CONNECT & LEARN WITH US!





## Now What? A beginning conversation to support families when our kids begin experimenting with substances

Learning that our kids are using substances can be scary. Our fears about substance use can affect how we react. This is a beginning conversation to help parents self-reflect on how they show up to talk to their kids about their substance use.

Join us while Victoria Keddis hosts a conversation with Douglas Hardie, Registered Clinical Counsellor and Program Coordinator of Island Health's Child, Youth and Family Mental Health and Substance Use Programs.

This video presentation will be followed by a facilitated discussion by the Family Peer Support Workers in Richmond.

Cost: Free

Register at: familysmart.ca/events

Questions? Email: sandie.rai@familysmart.ca or

phone/text: 604-607-9570

## In Person Community Events for Parents & Caregivers

Location: MacNeill Secondary School (library),

6611 No 4 Rd, Richmond

Date: Thursday, May 8, 2025

**Time:** 6:30 – 8:00 PM





familysmart.ca