





# CREATING A SUBSTANCE USE PREVENTION PLAN

A **WEBINAR** FOR PARENTS, GUARDIANS & CAREGIVERS

Join leading adolescent **Clinical Psychologist** Dr. Hayley Watson, as she helps you create a **personalized step-by-step plan** for implementing **substance use prevention skills** in your home. Dr. Watson will focus on specific steps you can take to ensure that **you and your family are supported** as you teach substance use prevention skills to your child/youth.



## Key Takeaways:

-  Learn the skills that will help prevent your child and youth from using substances
-  Navigate the challenges that arise while teaching these skills to your child/youth
-  Create a step-by-step plan for implementing substance use prevention strategies
-  Increase your ability to support yourself and your child/youth at the same time

**Time:** 6–7:30pm PST (*includes Q&A!*)  
**Date:** April 29th, May 7th and 8th 2025

Scan the QR  
Code to Register



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