

CAPSTONE LEARNING LOG

WHAT IS IT?

WHAT SHOULD IT LOOK LIKE?

First, your learning logs are not your project! CAPSTONE is an independent inquiry project and the learning logs are a summary of, and reflection on, your learning throughout the project. These learning logs will be submitted for feedback and/or assessment throughout the year. You must however, document your ongoing learning in your own preferred way, between each log submission.



We have created a default learning log template for you (it can be found on the McRoberts Website, under students → career education → Capstone); however, you may also choose a format that works well for you as long as it addresses the questions that are below. For example, if you don't want to use the template, you could do:

- A written journal (hard copy or digital)
- A visual journal (like *Sketchnoting*; could be digital or by hand...)
- A blog (*Medium, Wordpress, WIX, edublogs, Weebly for education...*); you can micro blog (smaller journals with *Instagram and Twitter...*)
- A Scrapbook: includes both visuals and written evidence

Whatever method you choose, the following information must be included in your learning log:

1. Essential question guiding inquiry and identify the process you plan to use
2. Date of journal entry; hours spent researching since last log entry
3. Questions/goals you are currently working on → *these will be sub-questions related to your inquiry that are meant to help gather background knowledge and information*
4. Resources you are using to answer the questions → *not only books, articles, videos, websites, podcasts, artefacts, data, but also experts/mentors with whom you are collaborating. This section must include any academic (MLA, Chicago, APA...) citation of sources.*
5. What you have learned so far → This includes reflections on your learning, what's working in your process and a reflection on SELF (What are you learning about yourself regarding your personality, skills, feelings, work ethic, learning style?)
6. Further questions you have as a result of your research
7. Next steps → identify specifically what you need to do next and set a time to get it done.



HOW OFTEN DO I NEED TO JOURNAL???

Please be aware that this is a required element for graduation. Failure to complete CAPSTONE/CLC work may result in you not graduating; therefore, you need to spend a significant amount of ***time*** (*all least 40 hours*) outside of school, working on this personal inquiry. Your log should show evidence of this work. Take a moment to look at the Capstone timeline, that we have provided, in order to plan your research and when your logs need to be submitted.